

SUNDAY / DOMINGO	
11:00AM 1 hour	<b>Good Morning Group</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BT,WC &,LIT)
7:00PM 1 hour	<b>Hope Without Dope</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,JFT,SPK,WC &)
7:30PM 1 hour	<b>Spiritual Solutions</b> , Atlantic Club, 11827 Ocean Gateway Hwy, Ocean City, MD, 21842 (O,BEG,STEP,WC &)
MONDAY / LUNES	
NOON 1 hour	<b>What We Can Do at Noon</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,DISC,WC &)
6:30PM 1 hour	<b>We Do Recover</b> , RRC, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,WC &)
7:00PM 1 hour	<b>Never Alone</b> , Oak Ridge Baptist Church, 361 Tilghman Rd., Salisbury, MD, 21804 (O,SPK,WC &,LIT)
7:00PM 1 hour	<b>New Start</b> , Manokin Prebyterian, 11892 Somerset Ave, Princess Anne, MD, 21853 (O)
8:00PM 1 hour	<b>New Way to Live</b> , Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (O,WC &)
TUESDAY / MARTES	
NOON 1 hour	<b>What We Can Do at Noon Group</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BEG,STEP,WC &)
5:30PM 1 hour	<b>HOW It Works</b> , Saint Alban's Episcopal Church, 302 St Albans Dr, Salisbury, MD, 21804 (O,WC &,LIT)
7:00PM 1 hour	<b>Grow to Go</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Blvd., Salisbury, MD, 21804 (O,SPK,TOP,WC &)
7:30PM 1 hour	<b>The Recovery Group</b> , The Atlantic Club, 11827 Ocean Gateway, Ocean City, MD, 21842 (O,WC &)

WEDNESDAY / MIÉRCOLES	
NOON 1 hour	<b>What We Can Do at Noon</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,JFT,WC &)
6:00PM 1 hour	<b>Mens Rap</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,DISC,M,WC &)
6:30PM 1 hour	<b>Old School Group</b> , Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (O,WC &,LIT)
7:00PM 1 hour	<b>No Name Group</b> , Jenkins Bridge, 26405 Horsey Rd., Oak Hall, VA, 23416 (O,LIT)
7:00PM 1 hour	<b>We Not Me</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,JFT,WC &)
THURSDAY / JUEVES	
NOON 1 hour	<b>What We Can Do at Noon</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BEG,TRAD,WC &)
6:30PM 1 hour	<b>Talking Heads</b> , City Church, 620 W Main St, Fruitland, MD, 21826 (O,SPK,STEP,WC &)
7:00PM 1 hour	<b>Let's Do It</b> , Histroic Cokesbury Church, 13 Market St, Onancock, VA, 23417 (O,DISC)
7:00PM 1 hour	<b>Living Clean</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,SPK,WC &)
8:30PM 1 hour	<b>Love Life</b> , Atlantic UMC, 4th St. and Baltimore Ave, 105 4th Street, Ocean City, MD, 21842 (O,SPK,WC &,LIT)
FRIDAY / VIERNES	
NOON 1 hour	<b>What We Can Do at Noon</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,WC &)

6:00PM 1 hour	<b>The Safe Place (Women)</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,W,WC &)
6:30PM 1 hour	<b>Clean &amp; Sturdy</b> , Bethesda at the Todd House, 107 W. William Street, Salisbury, MD, 21801 (IP,VAR,TOP,WC &,LIT)
6:30PM 1 hour	<b>Principals Before Personalities</b> , Home 4 Hope, Back Building, 10226 Old Ocean City Road, Berlin, MD, 21811 (O,WC &)
7:00PM 1 hour	<b>Phoenix Group</b> , Saint Alban's, 302 Saint Alban's Drive, Salisbury, MD, 21804 (O,SPK,WC &)
7:00PM 1 hour	<b>Surfin' With Serenity</b> , First Presbyterian Church of Ocean City, 1301 Philadelphia Ave., Ocean City, MD, 21842 (WC &)
7:30PM 1 hour	<b>No Strings Attached</b> , Chicoteague Pony Center, 6417 Carriage Dr., Chicoteague, VA, 23336 (O)
SATURDAY / SÁBADO	
NOON 1 hour	<b>Been There Done That</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BEG,JFT,WC &)
5:00PM 1 hour	<b>Serenity Group</b> , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,WC &)
6:30PM 1 hour	<b>Old School Meets New School</b> , Wicomico Presbyterian Church, Parking Lot is off of Chestnut St., 129 Broad St., Salisbury, MD, 21804 (O,SPK,WC &)
8:00PM 1 hour	<b>New Way to Live</b> , Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (JFT,SPK,WC &)

MEETING FORMAT LEGEND			
BEG	Beginners	BT	Basic Text
DISC	Discussion	IP	IP Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
VAR	Format Varies	W	Women
WC &	Wheelchair		

PHONE NUMBERS



**OCEAN GATEWAY AREA**

**Serving the southern Delmarva Peninsula,  
Wicomico, Worcester, Somerset and  
Accomack Counties**

*Every NA meeting, regardless of how it is listed,  
welcomes addicts or those who think they have a  
problem with drugs. However, for those persons  
interested in learning more about NA, we welcome you  
to attend our Open meetings or contact our Public  
Relations Committee.*

**MEETING LIST**

**APRIL 2024**

**24 HOUR HELPLINE  
1-800-317-322**

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**

**AREA WEBSITE;** [www.ogana.org](http://www.ogana.org)

**AREA ADDRESS:** PO Box 2740, Salisbury, MD  
21801-2740

**Free State Region of NA Website:**  
[www.fsrna.org](http://www.fsrna.org)

**NA World Service Website:** [www.na.org](http://www.na.org)

**OGANA SERVICE INFORMATION**

Subcommittee Meeting Schedule and Locations:

**Ocean Gateway Area of NA** meets 4th Thursday of  
the month at 6:30pm at Oak Ridge Baptist Church  
361 Tilghman Rd, Salisbury MD 21801

**Hospitals and Institutions Subcommittee** meets  
2nd Sunday of the month at 9:30am at RRC 726 S  
Salisbury Blvd Ste E Salisbury, MD 21801

**Special Events Subcommittee** meets 2nd and 4th  
Thursday of the month at 5:00pm at RRC 726 S  
Salisbury Blvd Ste E Salisbury, MD 21801

**Literature Subcommittee** meets 3rd Thursday of  
the month at 5:00pm  
at Oak Ridge Baptist Church 361 Tilghman Rd,  
Salisbury, MD 21801

**Convention Committee** meets 3rd Sunday of the  
month at 9:30am  
at RRC 726 S Salisbury Blvd Ste E Salisbury MD  
21801

**Public Relations, Phoneline, and Web &  
Graphics** don't have meetings at this time- ask  
homegroup GSR how to get involved.

Meetings Weekly: 33

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**