

SUNDAY / DOMINGO

- 11:00AM Good Morning Group**, Recovery Resource Center, 1 hour Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, Maryland, 21804 **(O,BT,WC &,LIT)**
- 7:00PM Hope Without Dope**, Recovery Resource Center, 1 hour Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, Maryland, 21804 **(O,JFT,SPK,WC &)**
- 7:30PM Spiritual Solutions**, Atlantic Club, 11827 Ocean Gateway Hwy, Ocean City, Maryland, 21842 **(O,BEG,STEP,WC &)**

MONDAY / LUNES

- NOON What We Can Do at Noon**, Recovery Resource Center, 1 hour Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, Maryland, 21801 **(O,DISC,WC &)**
- 6:30PM We Do Recover**, RRC, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,WC &)**
- 7:00PM Never Alone**, Oak Ridge Baptist Church, 361 Tilghman Rd., Salisbury, MD, 21804 **(O,SPK,WC &,LIT)**
- 7:00PM New Start**, Manokin Prebyterian, 11892 Somerset Ave, Princess Anne, MD, 21853 **(O)**
- 8:00PM New Way to Live**, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 **(O,WC &)**

TUESDAY / MARTES

- NOON What We Can Do at Noon Group**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,BEG,STEP,WC &)**
- 5:30PM HOW It Works**, Saint Alban's Episcopal Church, 302 St Albans Dr, Salisbury, MD, 21804 **(O,WC &,LIT)**
- 6:30PM Clean and Sturdy at 6:30**, Salisbury Bible Fellowship, 1500 Court Plaza, Salisbury, MD, 21801 **(C,WC &)**
- 7:00PM Grow to Go**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Blvd., Salisbury, MD, 21804 **(O,SPK,TOP,WC &)**

- 7:30PM The Recovery Group**, The Atlantic Club, 11827 Ocean Gateway, Ocean City, MD, 21842 **(O,WC &)**

WEDNESDAY / MIÉRCOLES

- NOON What We Can Do at Noon**, Recovery Resource Center, 1 hour Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,JFT,WC &)**
- 6:00PM Mens Rap**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,DISC,M,WC &)**
- 6:30PM Old School Group**, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 **(O,WC &,LIT)**
- 7:00PM No Name Group**, Jenkins Bridge, 26405 Horsey Rd., Oak Hall, VA, 23416 **(O,LIT)**
- 7:00PM We Not Me**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,BT,WC &)**

THURSDAY / JUEVES

- NOON What We Can Do at Noon**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,BEG,TRAD,WC &)**
- 6:30PM Talking Heads**, St. Alban's Episcopal Church, 302 St. Albans Dr., Salisbury, MD, 21804 **(O,SPK,STEP,WC &)**
- 7:00PM Let's Do It**, Garrison's United Methodist, 17308 Main St., Painter, VA, 23420 **(O,DISC)**
- 7:00PM Living Clean**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,SPK,WC &)**
- 8:30PM Love Life**, Atlantic UMC, 4th St. and Baltimore Ave, 105 4th Street, Ocean City, MD, 21842 **(O,SPK,WC &,LIT)**

FRIDAY / VIERNES

- NOON What We Can Do at Noon**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,WC &)**

- 6:00PM The Safe Place (Women)**, Recovery Resource Center, 1 hour Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,W,WC &)**

- 6:30PM Principals Before Personalities**, Home 4 Hope, Back Building, 10226 Old Ocean City Road, Berlin, MD, 21811 **(O,WC &)**

- 7:00PM At The End Of The Road**, Immanuel UMC, 206 West Main Street, Crisfield, MD, 21818 **(SWG,STEP)**

- 7:00PM Phoenix Group**, Saint Alban's, 302 Saint Alban's Drive, Salisbury, MD, 21804 **(O,SPK,WC &)**

- 7:00PM Surfin' With Serenity**, First Presbyterian Church of Ocean City, 1301 Philadelphia Ave., Ocean City, MD, 21842 **(WC &)**

- 7:30PM No Strings Attached**, Chicoteague Pony Center, 6417 Carriage Dr., Chicoteague, VA, 23336 **(O)**

SATURDAY / SÁBADO

- NOON Been There Done That**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,BEG,JFT,WC &)**

- 5:00PM Serenity Group**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 **(O,WC &)**

- 6:30PM Old School Meets New School**, Wicomico Presbyterian Church, Parking Lot is off of Chestnut St., 129 Broad St., Salisbury, MD, 21804 **(O,SPK,WC &)**

- 8:00PM New Way to Live**, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 **(JFT,SPK,WC &)**

MEETING FORMAT LEGEND

BEG	Beginners	BT	Basic Text
C	Closed	DISC	Discussion
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	W	Women
WC &	Wheelchair		

PHONE NUMBERS



OCEAN GATEWAY AREA
Serving the southern Delmarva Peninsula,
Wicomico, Worcester, Somerset and
Accomack Counties

Every NA meeting, regardless of how it is listed, welcomes addicts or those who think they have a problem with drugs. However, for those persons interested in learning more about NA, we welcome you to attend our Open meetings or contact our Public Relations Committee.

MEETING LIST

FEBRUARY 2024

24 HOUR HELPLINE
1-800-317-322

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

AREA WEBSITE; www.ogana.org
AREA ADDRESS: PO Box 2740, Salisbury, MD
21801-2740
Free State Region of NA Website:
www.fsrna.org
NA World Service Website: www.na.org

OGANA SERVICE INFORMATION

Subcommittee Meeting Schedule and Locations:
Ocean Gateway Area of NA meets 4th Thursday of the month at 6:30pm at Oak Ridge Baptist Church 361 Tilghman Rd, Salisbury MD 21801

Hospitals and Institutions Subcommittee meets 2nd Sunday of the month at 9.30am at RRC 726 S Salisbury Blvd Ste E Salisbury, MD 21801

Special Events Subcommittee meets 2nd and 4th Thursday of the month at 5:00pm at RRC 726 S Salisbury Blvd Ste E Salisbury, MD 21801

Literature Subcommittee meets 3rd Thursday of the month at 5:00pm at Oak Ridge Baptist Church 361 Tilghman Rd, Salisbury, MD 21801

Convention Committee meets 3rd Sunday of the month at 9:30am at RRC 726 S Salisbury Blvd Ste E Salisbury MD 21801

Public Relations, Phonenumber, and Web & Graphics don't have meetings at this time- ask homegroup GSR how to get involved.

Meetings Weekly: 34

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.