

SUNDAY / DOMINGO	
11:00AM	Good Morning Group , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BT,WC &,LIT)
7:00PM	Hope Without Dope , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,JFT,SPK,WC &)
7:30PM	Spiritual Solutions , Atlantic Club, 11827 Ocean Gateway Hwy, Ocean City, MD, 21842 (O,BEG,STEP,WC &)
MONDAY / LUNES	
9:00AM	New Possibilities Arise , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804
NOON	What We Can Do at Noon , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801 (O,DISC,WC &)
6:30PM	We Do Recover , RRC, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,WC &)
7:00PM	Never Alone , Oak Ridge Baptist Church, 361 Tilghman Rd., Salisbury, MD, 21804 (O,SPK,WC &,LIT)
7:00PM	New Start , Manokin Prebyterian, 11892 Somerset Ave, Princess Anne, MD, 21853 (O,STEP,TRAD,WC &)
7:30PM	New Way to Live , Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (O,WC &)
TUESDAY / MARTES	
NOON	What We Can Do at Noon Group , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BEG,STEP,WC &)
5:30PM	HOW It Works , Saint Alban's Episcopal Church, 302 St Albans Dr, Salisbury, MD, 21804 (O,WC &,LIT)
7:00PM	Grow to Go , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Blvd., Salisbury, MD, 21804 (O,SPK,TOP,WC &)

7:00PM	Step'n into recovery , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, Maryland, 21804 (O,BT,IW,SPK,SWG,STEP)
7:30PM	The Recovery Group , The Atlantic Club, 11827 Ocean Gateway, Ocean City, MD, 21842 (O,WC &)
WEDNESDAY / MIÉRCOLES	
9:00AM	New Possibilities Arise , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804
NOON	What We Can Do at Noon , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,JFT,WC &)
6:00PM	Mens Rap , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,DISC,M,WC &)
7:00PM	No Name Group , Jenkins Bridge, 26405 Horsey Rd., Oak Hall, VA, 23416 (O,LIT)
7:00PM	We Not Me , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,JFT,WC &)
THURSDAY / JUEVES	
NOON	What We Can Do at Noon , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BEG,TRAD,WC &)
6:30PM	Talking Heads , City Church, 620 W Main St, Fruitland, MD, 21826 (O,SPK,STEP,WC &)
7:00PM	Let's Do It , Histroic Cokesbury Church, 13 Market St, Onancock, VA, 23417 (O,DISC)
7:00PM	Living Clean , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,SPK,WC &)
7:30PM	Love Life , Atlantic UMC, 4th St. and Baltimore Ave, 105 4th Street, Ocean City, MD, 21842 (O,SPK,WC &,LIT)

FRIDAY / VIERNES	
9:00AM	New Possibilities Arise , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804
NOON	What We Can Do at Noon , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,WC &)
6:30PM	Principals Before Personalities , Home 4 Hope, Back Building, 10226 Old Ocean City Road, Berlin, MD, 21811 (O,WC &)
7:00PM	Phoenix Group , Saint Alban's, 302 Saint Alban's Drive, Salisbury, MD, 21804 (O,SPK,WC &)
7:00PM	Surfin' With Serenity , First Presbyterian Church of Ocean City, 1301 Philadelphia Ave., Ocean City, MD, 21842 (WC &)
9:00PM	Life Insurance Group , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (C,CAN,WC &,LIT)
SATURDAY / SÁBADO	
NOON	Been There Done That , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,BEG,JFT,WC &)
5:00PM	Serenity Group , Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804 (O,WC &)
6:30PM	Old School Meets New School , Wicomico Presbyterian Church, Parking Lot is off of Chestnut St., 129 Broad St., Salisbury, MD, 21804 (O,SPK,WC &)
8:00PM	New Way to Live , Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842 (JFT,SPK,WC &)

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
M	Men	O	Open
BEG	Beginners	CAN	Candlelight
DISC	Discussion	IW	It Works Study
JFT	Just for Today Study	SPK	Speaker
SWG	Step Working Guide Study	STEP	Step
TOP	Topic	TRAD	Tradition
WC &	Wheelchair	LIT	Literature Study

PHONE NUMBERS



OCEAN GATEWAY AREA
Serving the southern Delmarva Peninsula,
Wicomico, Worcester, Somerset and
Accomack Counties

Every NA meeting, regardless of how it is listed, welcomes addicts or those who think they have a problem with drugs. However, for those persons interested in learning more about NA, we welcome you to attend our Open meetings or contact our Public Relations Committee.

MEETING LIST

DECEMBER 2025

24 HOUR HELPLINE
1-800-317-3222

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

AREA WEBSITE; www.ogana.org

AREA ADDRESS: PO Box 2740, Salisbury, MD
21801-2740

Free State Region of NA Website:
www.fsrna.org

NA World Service Website: www.na.org

OGANA SERVICE INFORMATION

Subcommittee Meeting Schedule and Locations:

Ocean Gateway Area of NA meets 4th Thursday of the month at 6:30pm at
Oak Ridge Baptist Church 361 Tilghman Rd, Salisbury MD 21801

Hospitals and Institutions Subcommittee meets 2nd Sunday of the month at 9:30am at
RRC 726 S Salisbury Blvd Ste E Salisbury, MD 21801

Special Events Subcommittee meets 1st and 3rd Sunday of the month at 5:30pm at
St Alban's 302 Saint Alban's Drive Salisbury, MD 21804

Literature Subcommittee meets 3rd Thursday of the month at 5:00pm at
Oak Ridge Baptist Church 361 Tilghman Rd, Salisbury, MD 21801

Convention Committee meets 3rd Sunday of the month at 9:30am at
RRC 726 S Salisbury Blvd Ste E Salisbury MD 21801

Public Relations, Phoneline, and Web & Graphics don't have meetings at this time- ask homegroup GSR how to get involved.

Meetings Weekly: 34

What is our message?

The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.