

**SUNDAY / DOMINGO**

- 11:00AM Good Morning Group**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,BT,WC &,LIT)**
- 7:00PM Hope Without Dope**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,JFT,SPK,WC &)**
- 7:30PM Spiritual Solutions**, Atlantic Club, 11827 Ocean Gateway Hwy, Ocean City, MD, 21842  
**(O,BEG,STEP,WC &)**

**MONDAY / LUNES**

- NOON What We Can Do at Noon**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21801  
**(O,DISC,WC &)**
- 6:30PM We Do Recover**, RRC, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,WC &)**
- 7:00PM Never Alone**, Oak Ridge Baptist Church, 361 Tilghman Rd., Salisbury, MD, 21804  
**(O,SPK,WC &,LIT)**
- 7:00PM New Start**, Manokin Prebyterian, 11892 Somerset Ave, Princess Anne, MD, 21853  
**(O,STEP,TRAD,WC &)**
- 8:00PM New Way to Live**, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842  
**(O,WC &)**

**TUESDAY / MARTES**

- NOON What We Can Do at Noon Group**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,BEG,STEP,WC &)**
- 5:30PM HOW It Works**, Saint Alban's Episcopal Church, 302 St Albans Dr, Salisbury, MD, 21804  
**(O,WC &,LIT)**
- 7:00PM Grow to Go**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Blvd., Salisbury, MD, 21804  
**(O,SPK,TOP,WC &)**
- 7:30PM The Recovery Group**, The Atlantic Club, 11827 Ocean Gateway, Ocean City, MD, 21842  
**(O,WC &)**

**WEDNESDAY / MIÉRCOLES**

- NOON What We Can Do at Noon**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,JFT,WC &)**
- 6:00PM Mens Rap**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,DISC,M,WC &)**
- 6:30PM Old School Group**, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842  
**(O,WC &,LIT)**
- 7:00PM No Name Group**, Jenkins Bridge, 26405 Horsey Rd., Oak Hall, VA, 23416  
**(O,LIT)**
- 7:00PM We Not Me**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,JFT,WC &)**

**THURSDAY / JUEVES**

- NOON What We Can Do at Noon**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,BEG,TRAD,WC &)**
- 6:30PM Talking Heads**, City Church, 620 W Main St, Fruitland, MD, 21826  
**(O,SPK,STEP,WC &)**
- 7:00PM Let's Do It**, Histroic Cokesbury Church, 13 Market St, Onancock, VA, 23417  
**(O,DISC)**
- 7:00PM Living Clean**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,SPK,WC &)**
- 7:30PM Love Life**, Atlantic UMC, 4th St. and Baltimore Ave, 105 4th Street, Ocean City, MD, 21842  
**(O,SPK,WC &,LIT)**

**FRIDAY / VIERNES**

- NOON What We Can Do at Noon**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,WC &)**

- 6:00PM The Safe Place (Women)**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,W,WC &)**

- 6:30PM Clean & Sturdy**, Bethesda at the Todd House, 107 W. William Street, Salisbury, MD, 21801  
**(IP,VAR,TOP,WC &,LIT)**

- 6:30PM Principals Before Personalities**, Home 4 Hope, Back Building, 10226 Old Ocean City Road, Berlin, MD, 21811  
**(O,WC &)**

- 7:00PM Phoenix Group**, Saint Alban's, 302 Saint Alban's Drive, Salisbury, MD, 21804  
**(O,SPK,WC &)**

- 7:00PM Surfin' With Serenity**, First Presbyterian Church of Ocean City, 1301 Philadelphia Ave., Ocean City, MD, 21842  
**(WC &)**

**SATURDAY / SÁBADO**

- NOON Been There Done That**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,BEG,JFT,WC &)**

- 5:00PM Serenity Group**, Recovery Resource Center, Business Route 13 S, west on Hazel Ave. to back of first building on right, 726 South Salisbury Boulevard, Suite E, Salisbury, MD, 21804  
**(O,WC &)**

- 6:30PM Old School Meets New School**, Wicomico Presbyterian Church, Parking Lot is off of Chestnut St., 129 Broad St., Salisbury, MD, 21804  
**(O,SPK,WC &)**

- 8:00PM New Way to Live**, Atlantic Club, from Ocean City take Rt. 50 west, club is 2.5 miles on the right, 11827 Ocean Gateway, Ocean City, MD, 21842  
**(JFT,SPK,WC &)**

**MEETING FORMAT LEGEND**

BEG	Beginners	BT	Basic Text
DISC	Discussion	IP	IP Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
VAR	Format Varies	W	Women
WC &	Wheelchair		

**PHONE NUMBERS**



**OCEAN GATEWAY AREA**  
Serving the southern Delmarva Peninsula,  
Wicomico, Worcester, Somerset and  
Accomack Counties

*Every NA meeting, regardless of how it is listed, welcomes addicts or those who think they have a problem with drugs. However, for those persons interested in learning more about NA, we welcome you to attend our Open meetings or contact our Public Relations Committee.*

**MEETING LIST**

**JULY 2024**

**24 HOUR HELPLINE**  
**1-800-317-322**

**SUGGESTIONS FOR EVERYONE**  
**DON'T USE no matter what**  
**Ask your Higher Power to keep you clean**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**  
**KEEP COMING BACK. IT WORKS**

**AREA WEBSITE;** [www.ogana.org](http://www.ogana.org)  
**AREA ADDRESS:** PO Box 2740, Salisbury, MD  
21801-2740  
**Free State Region of NA Website:**  
[www.fsrna.org](http://www.fsrna.org)  
**NA World Service Website:** [www.na.org](http://www.na.org)

**OGANA SERVICE INFORMATION**

Subcommittee Meeting Schedule and Locations:  
**Ocean Gateway Area of NA** meets 4th Thursday of the month at 6:30pm at Oak Ridge Baptist Church 361 Tilghman Rd, Salisbury MD 21801

**Hospitals and Institutions Subcommittee** meets 2nd Sunday of the month at 9.30am at RRC 726 S Salisbury Blvd Ste E Salisbury, MD 21801

**Special Events Subcommittee** meets 2nd and 4th Thursday of the month at 5:00pm at RRC 726 S Salisbury Blvd Ste E Salisbury, MD 21801

**Literature Subcommittee** meets 3rd Thursday of the month at 5:00pm at Oak Ridge Baptist Church 361 Tilghman Rd, Salisbury, MD 21801

**Convention Committee** meets 3rd Sunday of the month at 9:30am at RRC 726 S Salisbury Blvd Ste E Salisbury MD 21801

**Public Relations, Phonenumber, and Web & Graphics** don't have meetings at this time- ask homegroup GSR how to get involved.

Meetings Weekly: 32

**What is our message?**

**The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.**